

Co umíme a budeme se učit

poslední aktualizace:

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[Aktuální informace vždy na: www.grasshoppers.cz](http://www.grasshoppers.cz)

Dále nabízíme k zakoupení příručku s popisem a vysvětlením většiny zde vyučovaných figur, informace u cuerů

Cha-cha, Rumba, Mambo		Two-step (Polka), Tango		Waltz, foxtrot, quickstep		Samba		Jive	
Butterfly position (BFLY)	X	2 forward 2-step	X	Semi closed position (SCP)	X	samba basic		basic, chasse	X
Open position (OP)	X	walk 4,2, twirl 2	X	waltz away and together	X	lazy samba turn		change L to R, R to L	X
Walk cha	X	2 turning 2 step	X	2 forward waltzes	X	samba walk		change hnds beh back	X
Circle cha	X	fc to fc, bc to bc	X	twirl vine, thr fc close	X	side samba		R trn fallaway	X
Basic	X	circle aw and tog	X	solo roll 6, 3	X	bota fogo		link rock	X
back break to OP	X	open vine 4	X	canter	X	samba whisk		throwaway	X
apart, point, together, toe	X	lace across	X	balance L and R	X	criss cross		american spin	X
New yorker	X	box, reverse box	X	pickup	X			shoulder shove	X
Fence line	X	2 side closes, sd thru	X	close position (CP)	X			jive walks	X
Spot turn	X	double hitch	X	2 left turning waltz	X			4 swivel	X
Hand to hand	X	scissors thru	X	maneuver, spin maneuver	X			windmill turn	X
Chase, Chasse peek-a-boo	X	broken, traveling box		2 right turning waltz	X			spanish arms	X
Cucaracha	X	rock, recover		box, reverse box	X			kick ball change	X
Shoulder to shoulder	X	back 2-step, bc wlk		L turning waltz box	X			point step	X
open break to BFLY, whip	X	2 side 2 step		reverse box	X			pretzel wrap, turn	
Alemana + lariat	X	1/2 box, sciss thru		vine 3, 6	X			stop and go	
time step	X	basketball turn		forward, run 2					
crab walks	X	hitch 4		feather					
sliding doors	X	lunge, twist,		three step					
basic to fan, alemana		cut back, dip		diamond turn					
aida, switch cross		forward, back hitch		spin turn	X				
		scissors		box finish	X				
		lock, limp		twinkle thru	X				
		pivot		dip back, recover	X				
		strut		wing					
		fishtail		whisk					
		wrap, unwrap, ch. side		fwd, fwd/lock, fwd					
		vine 3,4,8, apart		bc, bc/lock, bc					
		pickup, maneuver		chasse					